



UNIVERSITY OF NAPLES  
"PARTHENOPE"

Department of  
Movement Sciences and Wellbeing



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## WHERE WE ARE

Department of  
**MOVEMENT SCIENCES AND WELLBEING**  
Via Medina, 40-80133 Napoli



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UNIVERSITY OF NAPLES  
"PARTHENOPE"



GUIDANCE AND TUTORING

Department of  
MOVEMENT SCIENCES AND WELLBEING

**Master's Degree Course**

**Science and Management of Sport and  
Movement Activities**  
(Class LM-47 & LM-68)

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## COURSE OVERVIEW

The interclass master's degree course in Science and Management of Sport and Movement Activities combines subjects related to the management of sports and wellbeing activities, and to training for wellness or professional purposes.

Graduates in Science and Management of Sport and Movement Activities have:

- a solid cultural grounding in exercise and sport studies;
- specialized skills in the organization and management of sports activities and facilities;
- in-depth knowledge of the institutions governing sports activities, especially regarding anti-doping laws;
- knowledge of the organization, coordination, conduct and management of sports events;
- business management skills;
- advanced scientific knowledge in the field of high-level sports activities;
- knowledge and skills in reaching the highest levels of performance in competition through advanced training.

Graduates are expected to communicate in at least one foreign language and be able to use the main IT tools in the sector of their specialization.

## CAREER PROSPECTS

Graduates can find positions of responsibility in the public and private sectors; in sports centres, gyms, hotels and resorts holding individual lessons and courses for health, leisure, and psychomotorial education, promoting sports institutions and managing their administration; in health centres, gyms, and sports centres where motor activities aimed to the recovery of psycho-physical, motor and sport efficiency are carried out; they can supervise the workplace safety and hygiene. Under current Italian legislation, the degree in Movement Sciences for Prevention and Wellbeing is not in itself a qualification for any profession within the health system.

## SYLLABUS

The interclass master's degree in Science and Management of Sport and Movement Activities combines mobility work - aimed to foster advanced cultural, methodological and technical/practical activities for the planning, coordination and technical direction of exercise and sports activities - with specific studies in the fields of economics, law, psychology and sociology, intended to develop skills in the organization and management of advanced services and facilities for sport and movement.

## SYLLABUS

Year I	ECTS
Organization and management of human resources	12
Economics and management of sport services	6
Economics and governance of sport companies	9
Sport hygiene, quality and safety	9
Pedagogy of human body and movement	6
Sport and training methodology + technical-practical activities: Morpho-functional assessment	15
Year II	
Health and sport law	12
Sport molecular markers + technical-practical activities: anti-doping methodology	13
Movement and sport paediatrics	6
Sport, medicine and doping	12
Or	
Sport, medicine and endocrinology	12
Elective module	9
Internship	3
Final exam	8